

AGENDA
HEALTHY SAANICH ADVISORY COMMITTEE
Saanich Municipal Hall, Committee Room #2
Wednesday, March 27, 2019 at 6:00PM

1. **ADOPTION OF MINUTES** (attachment)
 - February 27, 2019
2. **CHAIR'S REMARKS**
3. **PRESENTATION – BLOCK WATCH**
 - Presentation by staff
4. **2019 GOALS AND OBJECTIVES** (attachment)
 - Report from the Senior Manager of Recreation
 - Committee Discussion
5. **SCAN REPORT**
 - Report from SCAN representative
6. **DIVISION UPDATE – RECREATION** (attachment)
 - Presentation from Senior Manager of Recreation
7. **WORKING GROUP UPDATE – DRAFT EMBRACE SAANICH REPORT**
 - Committee Discussion

* Adjournment *
Next Meeting: June 27th

Please advise Jeff Keays the committee secretary at jeff.keays@saanich.ca
or 250-475-1775 local 3430 if you are unable to attend.

Go Green!
Members are encouraged to bring their own mug to the meeting.

MINUTES
HEALTHY SAANICH ADVISORY COMMITTEE
Held at Saanich Municipal Hall, Committee Room #2
February 27, 2019 at 6:08 p.m.

Present: Chair: Councillor Chambers

Members: Claire Attwell, Merie Beauchamp, Ryan Clayton, Ryan Henderson, Zhongwen He, Jean Hodgson (SCAN), Nadia Rajan and Teri VanWell (SD 63)

Staff: Kelli-Ann Armstrong, Senior Manager, Recreation and Jeff Keays, Committee Clerk

Regrets: Jasindra Jawanda and Ryan Painter (SD 61)

MOTION

MOVED by N. Rajan and seconded by J. Hodgson: “That the minutes of the Healthy Saanich Advisory Committee meeting held January 30, 2019 be adopted as circulated.”

CARRIED

CHAIR’S REMARKS

The Chair advised the committee that they had attended the Capital Region District’s environment committee meeting in their capacity as an alternate Saanich Director, and had participated in the discussion and debate regarding the motion to oppose any highway development in the Sooke Hills Wilderness Regional Park and watershed. The watershed is the majority source of the region’s water supply.

The motion was in response to the Province’s recent Vancouver Island Transportation Study, which includes a feasibility study on a potential emergency detour route in the event of a closure to the Malahat. The motion, which also called for a meeting with Premier Horgan, was passed by the committee.

DIVISION UPDATE – RECREATION

The Senior Manager Recreation provided an overview of the previously circulated, November Recreation Report, dated February 20, 2019. The following was highlighted:

- Cedar Hill Golf Course has re-opened 9 holes after the recent snow storms.
- Students enrolled at the ECO Nature Preschool located in the Beaver Lake Nature House are learning SENĆOŦEN, the language of the W̱SÁNEĆ People.
- Saanich Commonwealth Place initiated the installation of the biomass boiler system. The system will reduce the centre’s carbon footprint by 90%
 - The upgrade is being funded in part by a \$4M contribution from the federal gas tax.
- Saanich’s Recreation facilities are evenly spread out across the District providing a strong balance of programming and services.

The Senior Manager included a brief update on the Market Analysis. The following was highlighted:

- No recommendations for additional facilities.
- 88% of Saanich residents are satisfied with current level of service.
- The Citizen Satisfaction Survey polled 1000 residents with a 3% margin of error. The survey is considered to be statistically significant.

WORKING GROUP UPDATE – DRAFT REPORT

The Clerk advised the Committee that the Cultural Planner had sent regrets. The Senior Manager of Recreation and Clerk advised the committee on the process for advancing the report to Council for their consideration.

The Working Group circulated on table the minutes of their February 7, 2019 meeting. The Senior Manager of Recreation noted the following:

- The notion of cultural map is the purview of the Arts, Heritage and Cultural Advisory Committee.
- In accordance to the recommendations arising from the November 6, 2017 Report: Response to Truth and Reconciliation Commission's June 2015 "94 Calls to Action", Saanich has initiated formal government to government relationships with the District's neighbouring First Nations governments.
- Networks such as Creative Cities, arts exhibitions and events such as cultural fair would also fall under the mandate of the Arts, Heritage Culture Advisory Committee.
- Saanich contributes a significant amount the CRD's Arts Grant Program. Any future programming initiatives would seek out grants as appropriate.

MOTION

MOVED by R. Clayton and seconded by N. Rajan that: "The Healthy Saanich Advisory Committee direct the Cultural Planner to provide the draft report and executive summary, per the working group's recommendations arising from their February 7, 2019 working group meeting, by March 14, 2019 for the committee's review."

CARRIED

2019 GOALS AND OBJECTIVES

The Committee undertook a visioning exercise facilitated by the Senior Manager of Recreation. The exercise was intended to identify and prioritize areas of interest to committee members within the context of the committee's mandate.

The Senior Manager of Recreation will bring forward a summary report to the March 27, 2019 meeting.

SCAN UPDATE

The SCAN representative provided a brief update on SCAN's recent activities, the following was highlighted:

- Saturday governance workshops will continue.
- The network is developing increased capacity as a result of the workshops.
- SCAN will return as a standing item on the agenda.
- Developing and promoting Jane's Walks could of benefit to Saanich residents. These could be explored further by the committee.

ADJOURNMENT

The meeting adjourned at 8:00 p.m.

NEXT MEETING

The next meeting is scheduled for March 27, 2019.

Chair

I hereby certify these minutes are accurate.

Committee Secretary

Memo

MAR 20 2019

To: Councillor Chambers and the 2019 Healthy Saanich Advisory Committee
From: Kelli-Ann Armstrong, Senior Manager - Recreation
Date: March 20, 2019
Subject: Summary of Presentation and Goals/Objectives Ideas

At the Healthy Saanich Advisory Committee meeting held February 27, 2019, the committee participated in an exercise to identify and prioritize areas of interest to committee members. The exercise asked committee members to share ideas for presentations and record ideas for action items as they relate to the mandate and terms of reference of the Healthy Saanich Advisory Committee.

The attached pages are a collation of the information that was recorded at the February 27th meeting.

It is hoped that this information will assist the Committee to focus on areas of most interest to committee members, while staying within the scope and mandate of HSAC during the Committee's 2019 term.

If anything has been missed or misinterpreted, please let me know during the discussion of this item at our next meeting.



Kelli-Ann Armstrong, Senior Manager – Recreation
Healthy Saanich Staff Liaison

Item 4

Healthy Saanich Advisory Committee

The purpose of the Healthy Saanich Advisory Committee is to promote effective communication, engagement and collaboration between the Municipality and its citizens and advise Council and recommend policies to support a healthier and more livable community

Mandate		Recommendations		Presenter / Presentation Ideas
Provide a community perspective on promoting personal safety and security	•	Police to do a presentation to committee to understand issues better and to come up with recommendations. - pedestrian safety at crosswalks - bike / car interaction: need for etiquette and enforcement - traffic enforcement at stop sign - cars driving straight through		Engineering re: pedestrian safety
		More street lights	• •	Self defence demonstration
		Promote closer neighbourhood connections		
		Block watch		
	• • • • •	Community Liason Officers Support		
		Recommendation to Council to support		

Provide a community perspective on promoting a high quality physical and social environment		Investigate challenges and opportunities of Saanich organizations	●	Block watch
		Non-Profits- serving the community	● ● ● ●	Police presentation
		Barriers	●	Females in sports in softball, rugby, soccer from Non profit
				What community places / gathering places exist that are not the recreation centres
				Tour of recreation centres
			● ● ● ● ●	Accessibility - presentation about barriers to participate
				Recommendation to Council

Provide a community perspective on promoting an atmosphere of inclusion and engagement	● ● ● ● ●	Look into/recommend Newcomers Guides		Encourage Council to accept reports like HSAC's cultural report
		Need for more voices/ inclusion		Continue to give feedback on all demographics when asked
	●	More diverse advisory and/or other/all Saanich advisory, committees, "ad hoc" committees (Recommend to Council ?)		Continue (as a committee) to send recommendations to Council to consider components of importance (deemed by this group)
				Look at Saanich HR policy - how representative is hiring with population
				Committee members could attend Council meetings and provide input

Provide a community perspective on promoting a unique character and quality of life in Saanich neighbourhoods.	● ● ● ●	Saanich can promote "stories/ histories of areas" about these unique neighbourhoods e.g. Mt. Doug		Getting regular feedback from SCAN or Community Association
		Kiosks	● ● ● ●	Saanich Heritage Foundation
		Saanich Neighbourhood Place		Regular feedback on schools from school board representatives
			●	Agricultural presentation in Saanich
			●	Garry Oak recovery group
			● ● ●	Cultural mapping - ask Uvic Mapping collaborator to present on how Saanich can facilitate this

Provide a community perspective on promoting sound growth management and community sustainability		Request more detailed observations from each member at the beginning of each meeting		Promoting programs like safe routes to schools and transportation networks
	● ● ● ● ● ● ● ●	Find models of sustainable developments that integrate many of the aspects articulated in committee's listing of "Healthy Communities." Models of Sustainability. Ask for a tour or presentation Provide recommendations to council		

Foster public awareness, recognition and support for multi-culturalism and special events.		Make a recommendation to council to populate and celebrate via events calendar and social media		Bulletin boards, colourful displays in community centres, calendars
	● ● ● ●	Continue to participate in pride parade and major events specific to different cultures	● ●	Multi-cultural community calendar of events on website

Facilitate the growth and development of community associations and promote effective communication between the Municipality, neighbourhoods, residents and businesses.		Transparent records of communications.		Is there someone from the Municipality that presents, say once a year to Community Associations to update on new initiatives affecting that association
		Open Dialogues	• • • •	"Lauding" / recognizing volunteer efforts of Community Associations / members/ residents - Recommendation to council
		Promoting Successes		Saanich News
	•	Regular reports from SCAN		



The Corporation of the District of Saanich

Report

To: Parks, Trails and Recreation Advisory Committee
Healthy Saanich Advisory Committee

From: Kelli-Ann Armstrong, Senior Manager - Recreation

Date: 3/20/2019

Subject: March 2019 Monthly Report

MAR 20 2019

RECOMMENDATION

That the Parks, Trails and Recreation and Healthy Saanich Advisory Committees receive this report as information.

PURPOSE

The purpose of this report is to provide the Committees with an overview of the previous month's Recreation Division activities.

DISCUSSION

Cedar Hill Recreation Centre

The BC Junior Indoor Tennis Championships took place Feb 22-24 and Mar 1-3. Cedar Hill Juniors did very well in their respective age categories: a U16 provincial girls singles and double champion, a 4th place in both these events in the girls U18 category, a 4th place in the U14 boys singles and a qualifier for the boys U14 event. These youth are competing against Lower Mainland players from private clubs and posting good results - a real testament to the quality of coaching in the Junior Development program at Cedar Hill.

Free Income Tax Clinics a big **SUCCESS** – Saanich Volunteer Services (SVSS) offered their Free Income Tax Service at Cedar Hill for the first time this year. Here is what the project co-ordinator tells us:

"The clinics are going really well – we are really busy this month – all appointments have been booked so far. Sometimes March is busier as people are anxious to get their returns.

Our tax volunteers are helping older adults, families, people with diverse abilities, newcomers and students. We are able to do multiple years which is very helpful to some clients who are behind in filing. Many of our clients have not been to the Cedar Hill Rec Centre and now they know how to get there.

The staff at Cedar Hill Rec Centre have been very supportive and helpful.

Thanks for partnering with us to make this happen. Here is a link to the Saanich News story about the income tax clinics at Cedar Hill Rec Centre if you did not see it in last Friday's Saanich paper."

<https://www.saanichnews.com/business/saanich-volunteers-offer-free-tax-prep-for-older-adults/?fbclid=IwAR0vz9GFO6zoqcKT69jgP5jUPreocNQRaxooUm-LC7LUz0J4Q1XqaKCbXNY>

Gordon Head Recreation Centre

Fitness and Weight room – a new, 2019 'step mill' was delivered to the weight room the beginning of February. Patrons are pleased and curious to see this new addition. Weight room supervisors have touched base with over 30 users, who all provided positive feedback. In the first two weeks, patrons initiated a competition amongst themselves on who could be on the step mill for more than 5 minutes. Now almost a month later, patrons report they are able to be on the step mill more than 5 minutes - yet not easily!

On Sunday, March 3, 2019, a major film production filmed a 'hospital lobby' scene in Gordon Head Recreation Centre lobby. Saanich gave the film company almost exclusive use of the recreation centre from Sunday, March 3 5:00pm - 12:00 (midnight). The Aquatics team held an aquatic staff in-service from 6:00-10:00pm on the same night. The exclusivity of use had minimal impact on patrons (approximately 100-130 patrons typically use the facility on a Sunday night) with significant benefit to the centre (large donation) and the benefit of a staff in-service minus pool patrons. Regular programming, facility use and swimming lessons ran until 5:00pm when the building reverted to film use. The lobby and external doors were transformed with new signage/logos/equipment into a hospital reception. The site housed extra cabling, lighting, and generators along with many film trucks and cars. The donation was used towards the new coffee counter/improved social space renovation at Gordon Head, and updated lobby furnishings, directly linked to the *Older Adults Strategy* recommendations.

G.R. Pearkes Recreation Centre

Another busy month at G.R. Pearkes. The centre hosted the Women's Show in early March, and then the 55+ Show and our semi-annual Sewing show, back to back. Additionally, Building Services were busy with leaking pipes and Ice Re-surfacer issues. However, everything is back in working order and just in time for our annual Playmakers, older adult hockey tournament. This year the tournament celebrates its 30th year, and has been a long standing tradition, even drawing in a team from Japan each year to compete.

As with many renovations, the Change-room / Shower renovations encountered some issues, when mold and mildew was found behind the tiles. Unfortunately this has delayed the re-opening until the end of April.

Saanich Commonwealth Place

Usually by mid-March, the Community Recreation Centres see a seasonal decrease in drop-in participation after the new year resolutions rush in January. However, this is not the case for Saanich Commonwealth Place. Daily drop-in statistics are consistently still counting over 1200 participants most days. Recently we hit 1800 drop in visits in one day. This count is not including registered classes. Of special note is the 600+/day weight room trend and over 100 people attending 1 fitness class earlier this month.

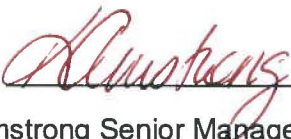
At the annual Lifesaving Society Awards presentation, a Lifeguard from Saanich Commonwealth Place received an award for bravery. While on vacation, her lifeguarding skills saved a drowning 3 year child in a hotel pool. Lifeguards are literally guarding lives whether they are "on shift" or on vacation. We are very proud of this young woman and her efforts.

Spring Break also brings peak use of facilities. First week of Spring Break sees all camps at both SCP and Royal Oak Middle School filled to capacity. Clearly services valued by the community.

A great deal of work is currently underway to complete the project charter for the new air handling and boiler project. This work relies heavily on our project sponsors/partners in Engineering. Calls for design proposals will go out early summer.

The February snow brought chaos to aquatic meets/events. However with some creative juggling, SCP was able to stack meets and hosted 3 meets in one, 4 day period to accommodate those bumped by snow fall.

Prepared by:



Kelli-Ann Armstrong Senior Manager, Recreation

Approved by:



Suzanne Samborski, Director, Parks & Recreation